

Performing Arts Holiday Workshops @VSA

Immerse your child in Performing Arts activities this December holiday!

Very Special Arts Singapore (VSA) has lined up interesting workshops to pique your child's interest in the Arts.

Spaces are limited and registration will be on first-come-first-serve basis. Registration closes on 2nd December 2017.

You do not want to miss this opportunity! Contact: Fatehah at fatehah@vsa.org.sg or 6604 9431

Taichi Workshop (Performing Art) – 6, 7 and 8 December 2017 (Nominal Fee of \$20 per participant for 3 days)

1am to 2pm (All ages)

VSA Art Space @ Changi City Point - 5 Changi Business Park Central 1 #03-01 Changi City Point S(486038)



Taichi (Performance) workshop that will be conducted by Wan Wu Sports is here to offer participants a refreshing view on martial arts. Unlike most martial arts that focuses on explosive sets of actions or routines, Taichi focuses on building inner core strength to strengthen the mind and body while preserving the beauty of martial arts through a performing routine. Also, other than inculcating values such as discipline and perseverance, this interesting martial arts form can help in developing communication skills, improving motor skills and increasing body coordination.

Subsequently, participants can expect lesson incorporated with music, learn Taichi moves that allow participants to perform, increasing their confidence and self-esteem. Lessons will not be too physically demanding and there will be professional instructors to ensure that all participants are learning at their best capabilities.

Let's not wait any longer, let us all unleash the beautiful fighting spirit inside everyone!

Jazz Dance Workshop – 6, 7 and 8 December 2017 (Fee: \$45 per participant for 3 days)

11pm to 12pm (7-14 years old)

VSA Art Space @ Changi City Point - 5 Changi Business Park Central 1 #03-01 Changi City Point S(486038)



Wings To Wings

This workshop will be conducted by MOE certified instructors from WingtoWings, whom will be adopting a playful yet structured approach to train students. This teaching style can help to encourage children to express their creativity and youthful energy through dance by using stories and music to help them learn. Furthermore, the instructors have experience teaching children with Special Needs so they would ensure that every participant would have fun learning at their own pace!

Through this workshop, participants will be able to explore basic techniques of Jazz (Kicks, Bounces, Knee Bops etc.). Some benefits of this workshop include improved body conditioning and awareness, nurtured confidence, developed musicality, and promoted teamwork and spatial awareness.

What are you waiting for? Join us for this workshop and dance to your hearts' content!

REGISTRATION TO VSA DECEMBER HOLIDAYS 2017 ACTIVITIES

Please note that you need to provide snacks and drinks for your child for the workshop(s) during their breaks

All payments should be made by **CHEQUE and ONLINE PAYMENT ONLY**. Please issue cheque payment to VSA. For enquiry, please contact Fatehah at 6604 9431 or email to fatehah@vsa.org.sg

You can send the registration form via email (fatehah@vsa.org.sg) or WhatsApp at 92326834. Registration is on first-come-first-served basis. Deadline is **2nd December 2017**.

Participant's Name		Age	
Contact Person		Mobile Phone	
Disability			
Taichi Workshop	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Fee: \$20
Jazz Dance Workshop	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Fee: \$45
Total	\$		

Release and Indemnity agreement for Indoor and Outdoor activities

I/We understand and recognize that any outdoor activity may involve certain risk, including loss of belonging, the hazards of travelling on roads, forces of nature, and/or the actions of participants.

For these indoor and outdoor activities of VSA, I/We agree to release, hold harmless and indemnity Very Special Arts Singapore Ltd (VSA) and its employees from any and all liability, claims and causes of action in any activities offered by VSA.

Photo Consent

Signature: _____

Date: _____